

# DEGERBERG ACADEMY ADULT BEGINNER CLASS SCHEDULE

TIME	6:15 - 7:15	7:15 - 8:15	8:15 - 9:15
MONDAY	BLEND I & II	FORREST YOGA	
TUESDAY			BLEND I
WEDNESDAY	BLEND I & II	FORREST YOGA	
THURSDAY			BLEND I
FRIDAY			
TIME	9:30 - 10:30	10:30 - 11:30	12:15 - 1:15
SATURDAY	BLEND I & II		

## BUSINESS HOURS

### Monday

4:45 p.m. – 8:30 p.m.

### Tuesday

3:45 p.m. – 9:30 p.m.

### Wednesday

4:45 p.m. – 8:30 p.m.

### Thursday

3:45 p.m. – 9:30 p.m.

### Friday

4:45 p.m. – 7:15 p.m.

### Saturday

12:00 p.m. – 3:30 p.m.

### Sunday

CLOSED



# DEGERBERG ACADEMY CHILDREN'S BEGINNER CLASS SCHEDULE

TIME	4:00 - 4:45	4:45 - 5:30	5:30 - 6:00	6:00 - 6:45	6:15 - 7:00
MONDAY		KIDS I	NINJA TURTLES I		
TUESDAY	KIDS I			KIDS I	
WEDNESDAY		KIDS I	NINJA TURTLES I		
THURSDAY	KIDS I			KIDS I	
FRIDAY					KIDS I
TIME	12:15 - 1:00	1:00 - 1:30			
SATURDAY	KIDS I	NINJA TURTLES			

## BUSINESS HOURS

**Monday**

4:45 p.m. – 8:30 p.m.

**Tuesday**

3:45 p.m. – 9:30 p.m.

**Wednesday**

4:45 p.m. – 8:30 p.m.

**Thursday**

3:45 p.m. – 9:30 p.m.

**Friday**

4:45p.m. – 7:15 p.m.

**Saturday**

12:00 p.m. – 3:30 p.m.

**Sunday**

CLOSED

